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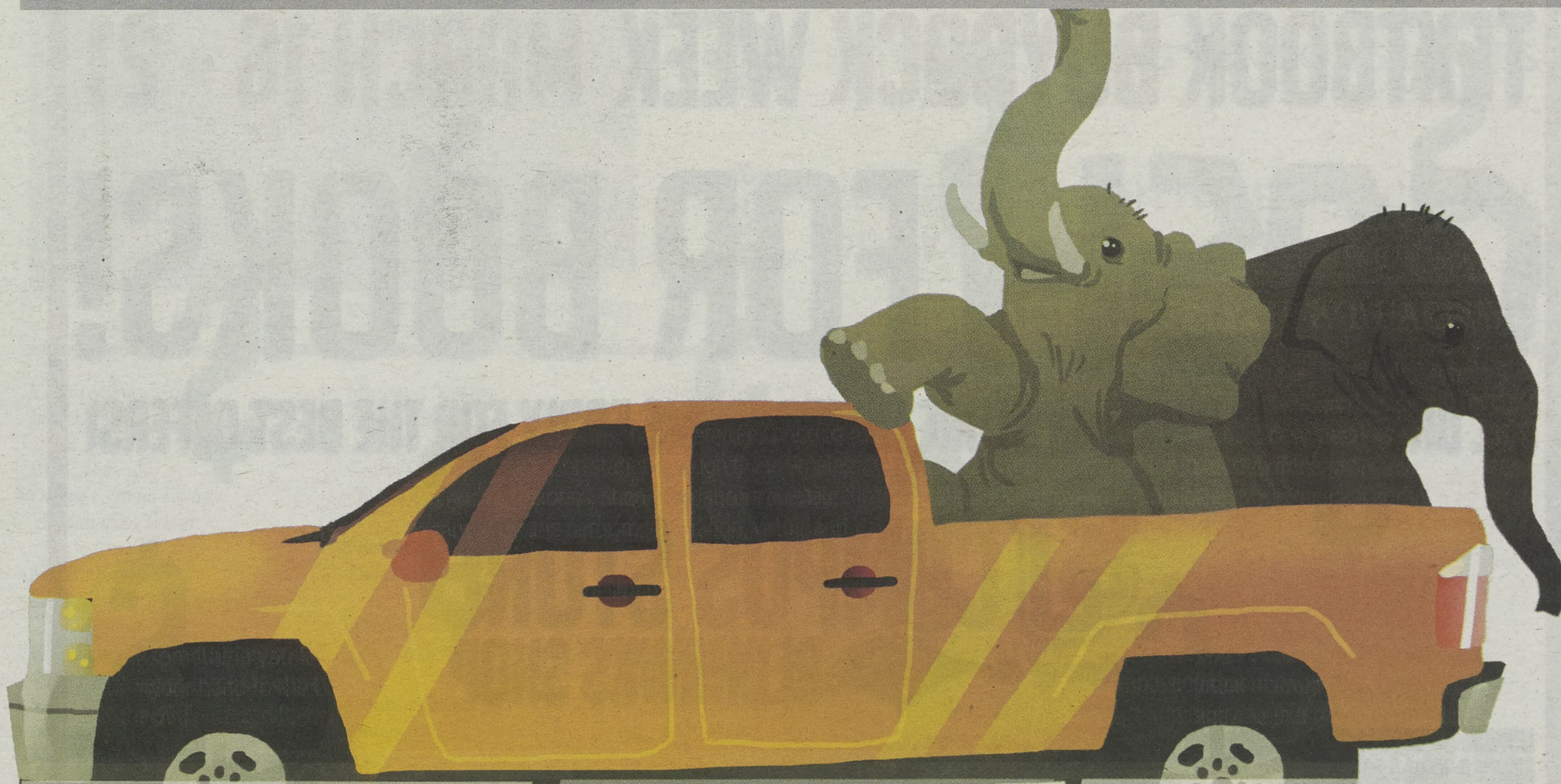
MARCH 11, 2015



SPECTATOR

CHAI AND BAMBOO BID SEATTLE ADIEU

THE FIGHT OVER THE CITY'S TWO REMAINING ELEPHANTS **PG. 6**



STM SHINES WITH GLOWING
ACCOLADES **6**

CHAMBER MUSIC HAS US
LIGHT ON OUR FEET **16**

MLS ROUNDUP AND PROMIS-
ING SOUNDERS PROSPECTS **18**

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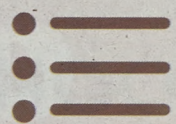


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THE WEEK IN REVIEW

Vikki Avancena
Staff Writer

SKY BRIDGE COMPLETION—Conversation around the renovations for Seattle University's Sky Bridge has been going on since last May. Modifications will include a mesh gate on the east side of the skybridge and painting the handrails. The idea of putting another glass wall on the open side of the skybridge was rejected because the glare can disrupt drivers.

The process for getting full consent for the alterations included conversations with the Seattle Department of Transportation and the Seattle Department of Planning. This process was finished in December of last year, after which steps were taken towards official construction. The tentative date for the completion of all the new installments is March 23.

Some students have concerns about issues of safety surrounding the sky bridge. The construction hopes to improve the walkway and make students as comfortable as possible.

"I have the opportunity to weigh in on this decision a little bit because it affects the students," said Michele Murray, vice president for student development.

"I think the wire mesh really helps people feel more secure in the [bridge space] but it doesn't impede traffic," said De Bruhl. "It's a great solution."

INCREASED TERRORIST THREAT IN AFRICA

The Nigeria-based terrorist group Boko Haram swore an oath of allegiance to the Islamic State on Saturday. The implications of this move might mean that the group is extending beyond Iraq and Syria. American and allied military officials have now started to train African troops to counter any future terrorist attacks.

Boko Haram has murdered thousands of people from Nigeria, Cameroon, Niger and Chad already. At least 200,000 others have been forced to be refugees and pushed into neighboring countries.

Boko Haram may be joining with ISIS to be recognized more globally. It still is unclear, however, what specific fighting advantages the relationship between ISIS and Boko Haram might have.

Boko Haram's terrorism has prompted the United States to send \$40 million over the next three years to help develop countries in Africa, gain better border security and provide economic aid to purchase weapons.

With Western backing, leaders in Africa have formed a force comprised of 8,700 members to fight against Boko Haram.

DECREASED ANXIETY WITH GENE VARIATION

Marijuana is often used to soothe anxieties. However, there is evidence that long-term marijuana use does more than that—it can interfere with learning and memory, making it a less desirable recreational drug.

Neuroscientists may have discovered a genetic variation that reduces anxious feelings similar to the way marijuana works, without the harmful side-effects. Recent studies show that individuals who carry less of an enzyme called FAAH are prone to decreased amounts of anxiety. With the FAAH gene variant, individuals are more resistant to cannabis dependence and possibly other drug dependencies, as well as lower anxiety levels.

Scientists have also gained further insight for therapeutic drugs with this discovery. The cannabinoid circuit is the pathway in the brain that deals with the after effects of cannabis use. It influences the dopamine reward pathway, which is the part of the brain that is affected when drugs like cocaine and alcohol are abused.

THE END TO HEALTH SUBSIDIES—Economists estimate that over half of Americans buying federal health insurance will be negatively affected if the Supreme Court rules that no federal tax credit subsidies can be provided to them.

The implications of the decision may have drastic economic effects. Millions of people are expected to lose coverage if this plan is implemented, and health care markets, insurance plans and hospitals would all suffer.

Individuals who would be able to afford insurance would be charged with higher premiums, some as much as 47 percent.

In turn, tax revenues and health care spending would be significantly impaired and reduced. 34 states will be impacted if the Supreme Court decides to go through with this.

The Obama administration has stated that there is no existing backup plan as of yet to deal with the tremendous loss in subsidies. The medical ramifications are devastating as well.

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SCHOOL OF THEOLOGY EARNS RECOGNITION

Will McQuilkin
Senior Staff Writer

To recognize anything as world-changing is a large claim, which is why Dr. Mark Markuly, dean of Seattle University's School of Theology and Ministry, was both honored and a little shocked when he learned that the Seattle University School of Theology and Ministry was named a seminary that is "Changing the World."

"First of all, in the field of graduate theological education, awards are rarely given, so to get recognition for something is actually pretty unique," Markuly said. "Within the culture of our academic domain, singling out individuals and praising them can be believed to be diminishing to others, so [receiving an award] is, in some ways, a little anomalous."

Given to just 26 institutions across the country, the award names Seattle U's School of Theology and Ministry a "Seminary that is Changing the World." The award acknowledges "the most innovative seminaries and schools of theology," and these include several big name schools like the Yale Divinity School and the Princeton Theological Seminary. The schools named by the list have further agreed to work together as members of a consortium working to strengthen and advance theological education in the United States.

All 26 institutions also maintain a series of commitments designed to strengthen and embolden the quality of education for students. These commitments range from allocating noteworthy financial awards to decrease the debt burden for graduates of the programs to offering co-curricular opportunities designed to address social justice issues like homelessness, food security and prison reform.

Markuly was surprised when Seattle U was officially named to the list, given the rarity of the award. Nevertheless, the school's ecumenical roots, variety of degree programs and commitment to educating the whole person, made The School of Theology and Ministry an obvious candidate.

"The innovative dimensions of the School of Theology and Ministry has always been a kind of radical openness," Markuly said. "The school began as an intentionally ecumenical school. We actually had partnerships with several Christian and Unitarian denominations to actually try to figure out a curriculum in which we could have common learning across our historic traditions."

The unique conception of the School of Theology and Ministry through an ecumenical worldview is indicative of Seattle U's commitment to open, respectful dialogue across belief systems. Through-

out its almost 45-year history, the school has sought to craft bold, contemplative leaders with the necessary skills to create change and lead evolving global communities. To meet this end, the school offers a multitude of degrees that aims at holistically addressing issues of our time.

"Our couples and family therapy degree is pretty unique and really interesting because it prepares therapists to be able to talk to the whole person of their clients," said Director of Marketing and Communications at the School of Theology and Ministry, Hannah Crivello. "In our program, we really try to prepare these future therapists to be able to talk about the client's own spirituality, and the client's own religion if the client wants to talk about it."

Crivello indicated that a focus on the whole person and knowledge of a range of spiritualities and religious beliefs gives graduates the

wherewithal to be able to speak to anyone, which is important with the increasingly globalized nature of the modern world.

"What's amazing about the school is the idea that it is preparing therapists, pastors, non-profit leaders and leaders in general to be able to be really versatile and open," Crivello said. She added that students are especially ready to react rationally to unique situations and individuals. "They are taught to use the strength that every community member brings to any environment."

According to the Center for Faith and Service, the consortium's ultimate goal is to recruit, train and launch a generation of world changing leaders. This fits well with Seattle U's mission to educate the whole person and empower leaders for a just and humane world.

"The very title, Seminaries that Change the World, is a provocative reminder of what theological education has meant in the past and what its purpose and promise is for the future," said Director of the Center for Faith and Service, Rev. Wayne Meisel. "The 2015...schools has demonstrated a commitment to invite, welcome, support, train and launch individuals into the world as community leaders."

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"The innovative dimensions of the School of Theology and Ministry has always been a kind of radical openness... The school began as an intentionally ecumenical school."

—Dr. Mark Markuly, dean of Seattle U's School of Theology and Ministry

WOODLAND PARK SAYS ADIEU TO ELEPHANTS

Siri Smith
Staff Writer

It's about time we address the elephant in the room before it leaves.

The last of the elephants at the Woodland Park Zoo are making their departure.

The two remaining elephants are Chai, 35, and Bamboo, 47, who surely deserve a retirement at their age. The animals are being sent to an Oklahoma City zoo, with a stable elephant collection and an active animal welfare program.

"Since Chai and Bamboo are herd mates, it is only natural that we transport them together," said Woodland Park's Public Relations manager Gigi Allianic.

In March 2014, the Elephant Task Force recommended that Woodland Park grow their Asian elephant herd, a project that would cost \$3 million—half the amount the zoo receives from the city every year. Elephants require roughly \$63,000 a year to maintain.

"However, after several months of trying to locate additional Asian elephants, we realized we could not do what is best for Bamboo and Chai in a reasonable time frame and so we made the difficult decision to relocate them," Allianic said.

Woodland Park's elephant exhibit has always had its fair share of critics.

In June 2007, 6-year-old elephant Hansa died overnight of unknown causes. This caused activists and patrons alike to raise eyebrows and become skeptical about the zoo.

This is perhaps part of the reason why animal rights activists are trying to persuade zoo officials to send Chai and Bamboo to one of the non-profit sanctuaries in the U.S. rather than another zoo.

Animal rights are a different matter than animal welfare, though.

"An animal welfarist is fine as long as animals receive food and water, while an animal rightist believes animals should be in their natural environment," said Seattle University philosophy professor and self-proclaimed animal rightist.

Zoo officials are rejecting the idea to send the elephants to a sanctuary because of the presence of tuberculosis in some of the sanctuaries in North America.

"Even [if there were] the tuberculosis problem, the sanctuary would offer a bigger space, which would be better than the really close confines you find in zoos," Dombrowski said.

Woodland Park is the 25th North American zoo to shut down its elephant exhibit, following zoos in San Francisco, Detroit and Brooklyn.

Unfortunately, the declining number of elephant exhibits correlates with a declining number of elephants. In 2012, the Seattle Times conducted an investigation and found that for every elephant born in captivity, two more will die. Today, only about 280 elephants are still alive among the 228 accredited U.S. zoos.

Statistics like this are the reason that zoos have always been controversial.

"Animal rightists tend to be [skeptical] about zoos," Dombrowski said.

The Ringling Brothers Circus recently announced that it would be phasing out elephants from shows. A New York Times report mentioned that a number of local governments in the United States have banned circuses' use of wild animals. However, many trainers believe that Asian elephants should be considered domestic as opposed to wild because of how long people have been putting them to work.

"The debates reflect people's growing unwillingness to accept animal treatment," read the New York Times article.

People for the Ethical Treatment of Animals has published a number of articles surrounding the subject of the cruelty of animals kept in captivity.

They point out that animals living in zoos are deprived of what they need in their natural, wild environment. This causes them to become depressed and anxious, causing them to lose their mind. This reaction that animals have to living in captivity is called "zoochosis."

"It would be better for animals to be in their natural habitat rather than confined in zoos," Dombrowski said.

However, once animals are bred in captivity, it is very dangerous for them to be sent out into the wild again. When this is done, the animals are killed nearly instantly, because they have not learned the survival skills necessary to live in the wild ecosystem they originally came from while they were living in a zoo.

Zoos keep this in mind, and strive to treat their animals as humanely as possible. Woodland Park makes an effort to replicate the animals' natural environments as closely as possible. They are also considering Chai and Bamboo's well being even while transporting them to Oklahoma.

"Although they'll be in individual crates, they will travel in the same truck and, therefore, can vocalize and smell each other," Allianic said. "When they reach their new home ... they will find more comfort being together in a new place than if they were alone."

Seattle University senior Sarah Woodard agrees that this move is what is best for Chai and Bamboo.

"The important thing is that the



NICOLE SCHLAEPI • THE SPECTATOR

elephants are placed in the best situation and this move keeps that in mind," Woodard said.

According to Allianic, many in the community will miss the elephants. But it is important to remember the other exhibits the zoo has to offer.

"We have other dynamic exhibits and species," Allianic said.

When the elephants finally stomp their way out of Seattle and to their new home, their space at Woodland Park will be reviewed and redesigned for a new Asian animal species.

Until then, we will still be able to hear their trumpets.

Note: Close to press time, a lawsuit was filed contesting the move.

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FLU COULD WORSEN COLLEGE WORKLOAD

Harrison Bucher
Staff Writer

This year, Washington state endured its most deadly flu season in the past five years. There were 120 confirmed deaths in the state caused by the flu—26 of which were in King County—but the total number is expected to be much higher since not every case is reported.

Another concern with this year's strain of influenza is that the vaccine was not as effective as in past years, according to the Centers for Disease Control.

Over the course of the flu season, the Student Health Center at Seattle University administered 600 doses of the influenza vaccine and saw five cases of the flu. Of course, not every ill student comes to the Student Health Center, so the total number of students affected was probably much higher.

When suffering from an illness such as the flu, people are expected to rest and refrain from participating in regular activities. But in college, when students are taking several classes and are involved in jobs, clubs and other activities, it can be difficult to overcome an illness.

At Seattle U, teachers understand the importance of student well-being, but of course it is necessary that students do not fall behind in their courses, and that they take responsibility for catching up if they wish to succeed.

"If you miss a class because you are sick, it is your responsibility to get caught up," said associate professor of mechanical engineering Bob Cornwell. "One way is to talk to other students in the class and if that doesn't answer all of your questions, come see me or whoever your professor is to iron out things you don't understand. It is your job

to catch up and I will help you if you ask for help."

When students are sick for an extended period of time, it makes sense that they not only fall behind on the information presented in class, but on assignments as well.

"I had a 100-degree fever and two of my teachers were really nice about it," said junior journalism

Teachers try to be accommodating because they understand that things come up, such as the flu, that will cause students to fall behind. However there are some cases where it becomes too difficult for a student to catch up.

"There is some point where it would be better for students to take a withdrawal and do what

"At some point it is too much for a student to make up."

Aside from illness, there are several other reasons why students may be absent from the classroom. Some students have other appointments such as job interviews, some students are athletes and have to travel for competitions and some students just choose not to attend for a day. Some reasons are excusable to miss class but for many professors at Seattle U, attendance and participation in classes are extremely important.

"I expect students to be in class and for absences to be rare," said core philosophy lecturer Elizabeth Sikes. "Things come up and I understand, so that doesn't necessarily count against them, but I do have limits. In a two day per week class, eight absences is an automatic fail for the class because at that point you've missed a whole month. It doesn't generally happen, but it has happened."

Not every class keeps track of participation, however. Engineering courses, for example, do not include participation as a part of the grade, but that does not mean attendance in class isn't important. Students are given a lot of responsibility in college and they should make the most out of the opportunity presented to them.

"Engineering classes are very sequential so if you miss a day, you need to learn that stuff because it will be used in the classes coming up," Cornwell said. "You pay a lot of money to go to school so when you miss a class, that's a lot of money down the drain."

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AUDREY MALLINAK • THE SPECTATOR

Sometimes all you can do is curl up and wait for some medicine to kick in. Erin Dwyer shows off her fashion of choice and combat weapons when battling with the flu.

major Lexie Rodriguez. "I had stuff due that week and they told me to just do what I could and I got extra time to finish the rest of it."

they need to do to heal and then come back the next quarter," said associate professor of business and international law Gail Lasprogata.

NOLA SERVICE TRIP BUILDING COMMUNITY

Vikki Avancena
Staff Writer

While many students might be traveling abroad for spring break service projects, there is also work to be done here in the United States. At Seattle University, students are preparing for the annual service trip to New Orleans over spring break.

This year, the staff advisers for the immersion are Alvin Sturdivant, associate vice president of student development, Gina Lopardo, director for the education abroad office, and Laurie Prince, the director for new student and family programs.

"It's still amazing and shocking to me the amount of rebuilding that is required and necessary in New Orleans," said Lopardo, who will be working the trip for the third time.

Shirts Across America is the organization that Seattle U works with to connect with communities in New Orleans that need assistance. Created by high school and college students in Seattle, Shirts Across America has donated over 50,000 volunteer hours in New Orleans since 2007.

The group at Seattle U has been meeting every other week for the past few months to prepare for the trip. A broad range of topics related to Hurricane Katrina and how people were affected by the natural disaster were discussed at these meetings, with outside speakers for some of them.

Sophomore Keegan Tasker and senior Kelsey McGarry are the two student co-leaders for the trip. This will be Tasker's first time leading the immersion, with McGarry leading for the second year in a row.

"I went on the trip last year and it was really amazing," Tasker said. "I feel like I got the opportunity to grasp the concept of serv-

ing 'with' instead of serving 'for' and that was something I hadn't distinguished before."

2015 marks the 10 year anniversary since Hurricane Katrina devastated the Gulf Coast region.

"It was super rewarding for us to meet the owner of the house that we helped build last year," said senior Kimi Kogachi, who is going on the trip for a second time. "It was so nice hearing how he was determined to bring his community back."

Numerous neighborhoods remain in shambles and many of the generational families still struggle to rebuild what they once had. Many homeowners were unable to reclaim their houses because the deeds were lost within the storm, removing the proof that they owned the house.

"Surprisingly enough, there are still many families that haven't been able to get home," Prince said. "We will be doing whatever work is necessary through [the St. Bernard Project] to do what needs to be done."

What is unique about this ser-

vice immersion is that a significant emphasis is placed on the mentality for students to go into the experience not thinking that they can fix anything. One of the main concerns surrounding these types of trips is the problematic savior complex. As more and more volunteers pour in to help the affected areas, some members of the group fear that they will be perceived as people of privilege coming to 'save the day' and leave as heroes. While that might not be their intention, there is a certain reputation around people coming in to communities with needs in a way that isn't necessarily sustainable. The purpose of the Seattle U New Orleans trip, however, is not to rescue areas from devastation, but instead to contribute to the long process of rebuilding. The more awareness that is gained and shared encourages societies to give back and informs others how they can best help and be involved.

Students on this trip will be given the opportunity to humanize this experience by immersing themselves in socioeconomically dis-

advantaged neighborhoods. More than just hard facts and numbers, they will be able to better grasp how dire the situation still is for much of the population in New Orleans, and in turn, a better idea of how it is in other areas.

"I so often think of service and developing areas as being international places," said sophomore Claire Rawson, one of the members of the group. "I forget to stop and think that poverty is within our own country and there are places [here] that need help."

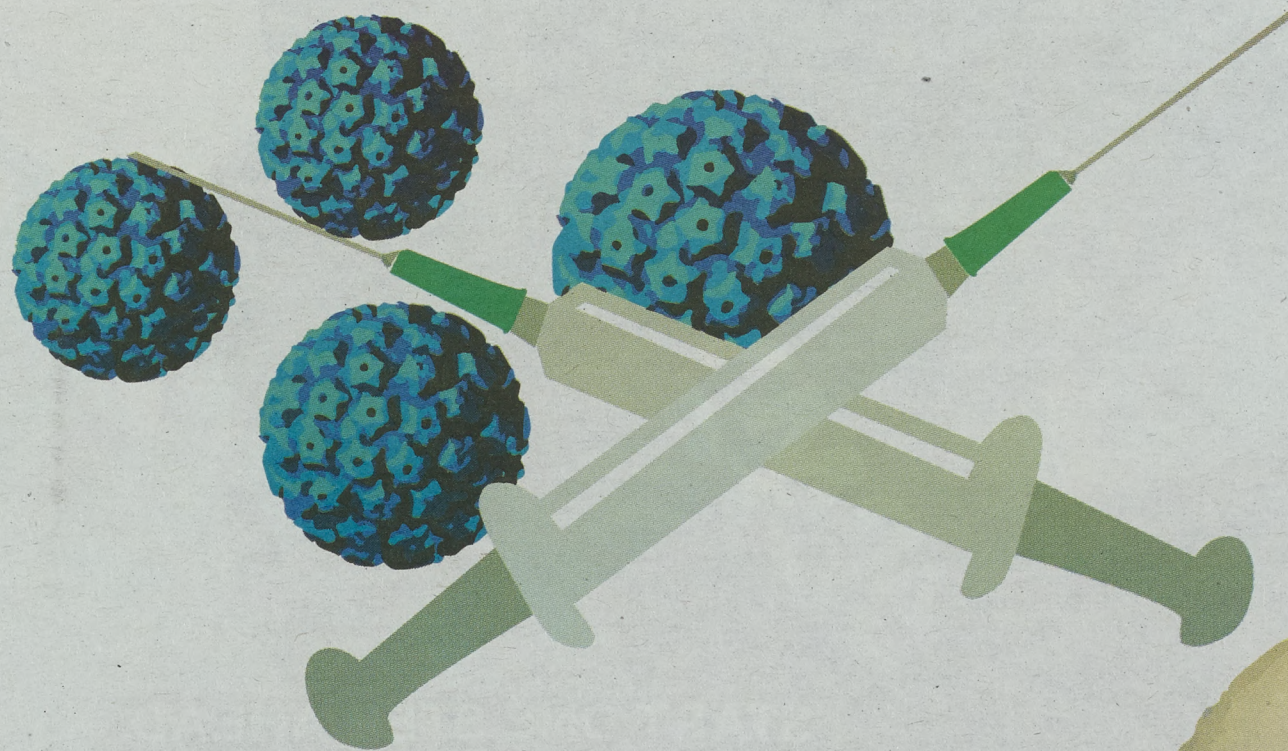
The group will also be working with the St. Bernard Project once they arrive in the city. This organization sends the students to their specific work sites where they will learn what their specific jobs are and where the houses they will be working on are located.

The service immersion trip to New Orleans begins the first Saturday of spring break and the group returns the following Saturday. Fundraising for the trip has been a continuous process, along with members' request to obtain appropriations from SGSU. Donations are still welcome.

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NEW HPV VACCINE OFFERS MORE PROTECTION



Will McQuilkin
Senior Staff Writer

The human papillomavirus, also known as HPV, is a serious issue. Luckily, a new vaccine has been shown to protect against nine different forms of the cancer-causing strains of HPV.

There are over 100 strains of the virus, with about 60 resulting in harmless warts that tend to crop up on hands or feet, while the other 40 strains affect the genitals and/or anus of the infected individual. The common HPV vaccination, known as the quadrivalent vaccine, protects against only four of those strains. Given that there are actually nine high-risk strains of the virus, vaccinated people were previously unprotected against five high-risk strains before the new vaccine was introduced.

According to a study published in the *New England Journal of Medicine*, the new vaccine was tested over a period of 54 months in a group of 14,215 women from

18 countries, ages 16 to 26. Half of the sample was randomly assigned to receive the new 9-valent vaccine (named thus because it protects against all nine strands of the virus), while the other half received the quadrivalent inoculation, which covers four forms of the virus. The groups were similar in health and sexual behavior characteristics.

The vaccine was highly successful in preventing the high-risk strains of the virus, and resulted in only slightly increased discomfort at the inoculation site.

"I think vaccinations like this one have many benefits," said sophomore sports and exercise science major Alex Souther. "But I haven't heard anything about this new vaccination, which might be indicative of the idea that not many [Seattle University students] know enough about it."

Souther's concerns regarding public education on the HPV vaccination echo larger national concerns about public knowledge sur-

rounding HPV prevention. While the quadrivalent HPV vaccine has already helped to bring about a steep drop in the prevalence of HPV among teenagers, its negative stigma because of its association with sex and a general lack of knowledge about it has caused its use in the United States to be limited.

"I've learned a little bit about HPV in my microbiology class, plus I've gotten the shot, although I don't think it was the new one," said sophomore nursing major Brianna Wilson. She said that she thinks many girls only get the shot because they are advised to, rather than getting it because they know what it does or what it is good for. "I think it's a great development, but there needs to be more information available so people know about the benefits the shot offers."

Recent increases in throat cancer incidence among groups considered low-risk led scientists to discover that the same types of HPV that infect the genital areas can

infect the throat and mouth, resulting in cancers of the head and neck. Because current vaccines are designed to protect against cervical cancer, it remains unknown whether being vaccinated decreases the risk of contracting oral cancer. Studies determining if HPV vaccines will prevent oropharyngeal cancers remain to be conducted.

The new HPV vaccine shows that educating oneself about health is beneficial at any age, and that cervical cancer is a serious threat. According to the Centers for Disease Control and prevention, over 12,000 women were diagnosed with cervical cancer with over 4,000 fatal cases in the United States in 2011.

"With this [new] vaccine, almost all HPV-related tumors can be eliminated," said Dr. Elmar A. Joura, an associate professor of gynecology at the Medical University of Vienna, told the *New York Times*.

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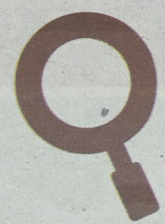
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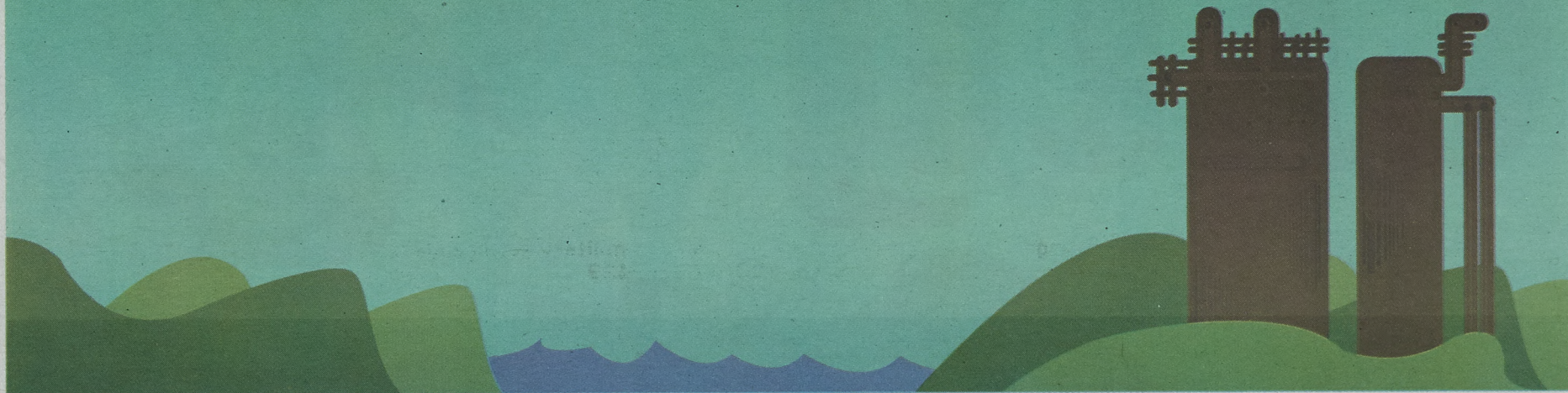
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THE SUN IS SHINING NOW GO OUTSIDE!

Bianca Sewake
Managing Editor

Ditch some of those layers and resurrect your favorite pair of sunglasses. The sun has decided to shine down upon us much earlier this year (yay for us, boo for climate change). Expect more clear blue skies and warmer weather once spring break kicks into high gear. If you don't have any travel plans and are sticking around Seattle during break, there's still a lot to see and do. Welcome the sun back and enjoy your time off with these outdoor activities. Just remember to wear some sunscreen.



SPRING BREAK

JIN THE

EMERALD CITY

WATER SPORTS Lake Union

Immerse yourself in outdoor activities by taking a kayak down on Lake Union. You don't have a kayak? That's not a problem. Just head to a nearby rental and spend a morning or afternoon out on the lake. The sunshine brings everyone outside, and you'll find yourself surrounded by sailboats, fellow kayakers, and hear the noise of seaplanes passing through the skies above. From the lake you'll see Gasworks Park, and you'll even find the actual Sleepless in Seattle houseboat. Just remember that the property does belong to someone, so no climbing atop their docks—just happily observe and maybe even snap some photos from a nice distance.

Tip: If kayaking is not your thing, free sailboat trips are offered on Sundays.

TRAIL TREKKING Various Locations

You don't have to travel far to enjoy the nature-y things in this city. If you want to momentarily forget the tall buildings and fast-paced lifestyle, slow things down by walking along a trail. The **Washington Park Arboretum**, just on the shore of **Lake Washington**, is somewhat of a hidden gem not far from campus. The 200+ acre land inhabits more than 40,000 different types of trees, shrubs, flowers and plants to see along the way. Watch as people on their canoes pass by, and just enjoy the scenery. The arboretum is right across the **Seattle Japanese Garden**, which opened up again earlier this month for its 2015 season.

Walk or jog on the trails at **Discovery Park** for a beach view, or **Golden Gardens Park**—which is pretty during the springtime.

Tip: Don't miss a thing at the arboretum. Pick up a map at the Graham Visitor Center.

CHERRY BLOSSOMS University of Washington

There's a reason people travel from all over just to set their eyes on the pink trees. The iconic cherry blossoms that line the University of Washington quad have been the signifier that 'spring is indeed here' since first arriving on campus in the 60s—and it sure is quite the sight. The abundance of the tiny flowers continues to be a popular backdrop to photo shoots and selfies. It's so popular that the cherry blossoms have its own Twitter account (with probably more followers than you) to post photo updates on the blooming stages of the flowers.

The flowers typically don't last more than three weeks once they've reached full bloom, and—lucky you—they will be in full bloom by the time spring break rolls around.

It won't be hard to find the flowers once reaching the UW campus. Just gravitate toward the center and follow the hordes of people. And while you're there, it's worth checking out the historic and magical **Suzzallo and Allen Library**.

Tip: Bring your camera—an actual camera, if you have one.

PICNIC AT THE PARK Various Locations

Grab a blanket, pack or pick up lunch, and head to the park! No, not Cal Anderson. Make the extra trek to check out the other beautiful parks we have in the city.

Enjoy an afternoon basking in the sun at **Volunteer Park**, which is also home to other sights. Wander around to the top of the **Reservoir Tower** or peruse the rooms nearby at **Asian Art Museum** (which is always free to visit). For those who love plants, flowers, and succulents, check out the themed plant rooms at **Volunteer Park Conservatory**.

Been there, done that?

Watch trains pass by and skip rocks on the beach at **Carkeek Park**. Take a nice jog, or stroll, through **Green Lake** and dip your toes in the water as you sit on the edge of any of the lake's boardwalks. Explore the industrial **Gasworks Park**, which has a sundial at the top of its hill. It offers a nice cityscape and you can watch boats pass by on Lake Union or lie in the grass and look at seaplanes fly over. Looking for more something more relaxing? **Waterfall Garden Park** is a smaller, more secluded space with tables and chairs amid the hustle and bustle of city life. Fun fact: It was the birthplace of the United Parcel Service.

Tip: Pack a Frisbee for a fun game to work off that lunch you ate.

ISLAND GETAWAY Bainbridge Island

Okay, so you're a little bummed you're not going on a trip? Well, you totally can. Hop on the ferry at the downtown pier and spend your day on Bainbridge Island. All it takes is 35 minutes. Wave goodbye to Seattle as the ferry pulls away from the pier and you watch the city shrink in the distance. Then say hello to island life.

Once the ferry lands ashore, you don't need a car to get around to the local attractions, restaurants and shops. Discover the exhibits at the **Bainbridge Island Art Museum** (which is also free). Feeling hungry? Head to **Blackbird Bakery** for some baked goods. The toast is a must-try. If you want something more savory, try **Hitchcock Delicatessen & Charcuterie** for sandwiches. Browse the local shops around and take a taxi to **Bloedel Reserve**, which is home to more than ten different gardens. Cool down afterwards with an ice cream or milkshake from **Mora's Iced Creamery**, and then make your way back to the ferry terminal. Best part? Your walk-on ferry ticket entitles you to a free ride back!

Tip: Comfy shoes will do the trick.

Bianca may be reached at bsewake@su-spectator.com



Index

University of Washington
1410 NE Campus Parkway

Suzzallo and Allen Library
4000 15th Ave NE

Volunteer Park & Reservoir
1247 15th Ave E

Volunteer Park Conservatory
1402 E Galer St.

Asian Art Museum
1400 E Prospect St

Carkeek Park
950 NW Carkeek Park Rd

Green Lake
7201 E Green Lake Dr. N

Gasworks Park
2101 N Northlake Way

Waterfall Garden Park
219 2nd Ave S

Lake Union
860 Terry Ave N

Washington Arboretum
2300 Arboretum Dr E

Seattle Japanese Garden
1075 Lake Washington Blvd E

Discovery Park
3801 Discovery Park Blvd

Golden Gardens Park
8498 Seaview Pl NW

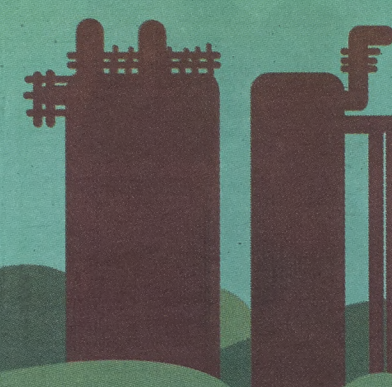
Bainbridge Island Art Museum
550 Winslow Way E
Bainbridge Island

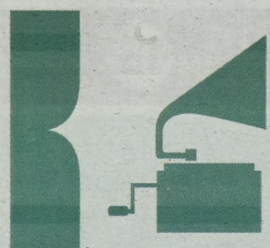
Blackbird Bakery
210 Winslow Way E
Bainbridge Island

Hitchcock Deli
129 Winslow Way E
Bainbridge Island

Bloedel Reserve
7571 NE Dolphin Dr
Bainbridge Island

Mora's Iced Creamery
139 Madrone Ln N
Bainbridge Island





YOU SAY VAGINA, I SAY VAGINA

Lena Beck
Staff Writer

You stop to chat with a friend on the lower mall. Common conversation topics might include class, the weather, C-street and unreliable printers. Things you're probably not talking about? Vaginas.

It's not as though they're not thought about. They're around, they're here to stay, but they carry enough stigma that few are comfortable talking about them, or even just uttering the word... vagina.

That's why Seattle University Society of Feminists' yearly production of "The Vagina Monologues" will feature the word. A lot.

Based off of interviews by Eve Ensler with over 200 women, and directed this year by Seattle U students Cy Enseñat and Kiana Serna, "The Vagina Monologues" is a selection of individual narratives which change from year to year based on the stories chosen.

But the central themes do not change—each monologue explores messages of female empowerment while also grappling with difficult topics like discrimination and violence against women. The episodes tell stories of sex, love, rape, menstruation, genital mutilation and more—topics which can undoubtedly be difficult to discuss.

Both Susanna Waldrop and Sufia

Ahmad say that they were uncomfortable with the concept of talking about vaginas before joining the cast of "The Vagina Monologues"—but that has since changed drastically.

Waldrop is a junior, now in her third year on the cast of the Monologues. Ahmad is a freshman, and had the unique opportunity of finding her own monologue for the show.

Ahmad's piece is called "Under the Burka." It is about an Afghan woman's experience with the Taliban.

Being of an Afghan and Muslim background herself, Ahmad knew immediately that she wanted to do this monologue—not only to highlight the abuse of the Taliban towards women, but also to point out that the Taliban does not represent all of Islam. Through this monologue, Ahmad is able to stand up against gender-based and religious-based persecution.

Though "The Vagina Monologues" focuses on the feminine experience overall, the individual episodes are intersectional with other social forces and pressures.

"We have to think about feminism, but not just white women feminism," Ahmad said.

The monologues look at feminism across a wide spectrum, examining the experiences of women from different cultures, orientations and religions.

"I'll never trust a feminist organiza-

tion that simplifies feminism into anything," said Akaila Ballard, Program Coordinator for "The Vagina Monologues."

Ballard and the rest of the cast are well aware that vaginas make people uncomfortable. But according to Ballard, this discomfort should not be because of the vaginas themselves, but because of the suffering that weaves through many of these women's narratives.

Waldrop said that from what she's heard from men who've gone to see the show before, it is a huge eye-opener into the female experience. According to Waldrop, as long as women are suffering from something, it's a problem, and even men who don't consider themselves part of that problem can be part of the conversation.

"Even if they're not personally assaulting people they can still be part of the solution," Waldrop said.

According to Ahmad, girls are taught not to be sexual beings from the day that they are born. But, she said, sexuality is very closely linked to empowerment, and thus a shift in thinking about sexuality is necessary. Allowing women a space to tell their stories helps to broaden the conversation about women's experiences and hopefully lead to some solutions.

"A lot of the social inequality perpetuated against women is coming from them not being able to talk about

their struggles with their sexuality and struggles with violence against them," Ahmad said.

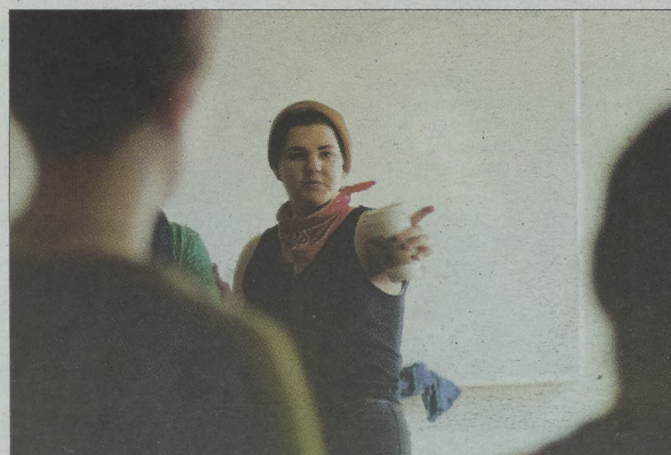
"The Vagina Monologues" are part of a larger movement called the V-Day Campaign, the intent of which is to end violence against women and girls. All proceeds from the tickets, and from treats available at the shows, will go to the V-Day Campaign and the Northwest Network, which works to end abuse and create conditions to support healthy relationships within (and beyond) the LGBTQ community.

"The Vagina Monologues" are about violence against women and about what it means to have a vagina—which includes topics and themes which could be challenging for audience members. Ballard says to listen if you can.

"Just remember the power of the personal narrative, and how listening, even when it's hard and uncomfortable, can be the greatest tool that we have," Ballard said.

"The Vagina Monologues" is this Friday, March 13 at 7 p.m., and this Sunday, March 15 at 2 and 7 p.m. Tickets for students, staff, faculty and alumna are \$5 in advance or \$8 at the door. Tickets for the general public are \$8 in advance or \$10 at the door.

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One of this year's directors, Cy Enseñat.



Senior Akaila Ballard.



The cast rehearsing their monologues this past Saturday in Admin.

JESSIE KOON • THE SPECTATOR

OUT OF THE STUDIO, INTO THE GALLERY

Jenna Ramsey
Staff Writer

It's an artist's dream: make whatever you want. There are no rules. And your work will be displayed in a professional gallery.

Professor Francisco Guerrero's Advanced Studio Course challenges visual arts students to take what they've learned in their prerequisite art classes and create their own body of work. But with a short turnaround of just nine weeks, this is an overwhelming task—especially for a group of students who have never put together a gallery show before.

This quarter's class will have their work displayed in the Vachon Gallery on campus beginning Thursday. For many of them, this is their first time having work shown in a gallery—giving them a glimpse at what their future professional lives may look like.

"As soon as you say there are no rules, you have to make up your own artwork—it's like pulling the Band Aid off really fast," Guerrero said. "And then what happens is that towards the end, they just want to keep making more stuff."

Students in the class come from various artistic backgrounds; there are painters, sculptors, screenprinters and more. Guerrero uses this course to teach his students how to arrange their diverse work together so that at the end of the quarter, it makes sense as a single, cohesive exhibit.

"There are so many different ideas, and that's one of the challenges—figuring out how to put all these pieces into a room and not have it feel schizophrenic," said senior David Strand. "It's all about collaboration and realizing how your stuff is going to fit into the larger group."

This is Strand's second time taking this course. He said learning to work with a group for an exhibition is important for young artists, as it's unlikely that any of them will begin their careers with solo exhibitions.

"There's a sense of accomplishment that you get from completing the course, and it's a really good first step," he said.

"As soon as you say there are no rules, you have to make up your own artwork—it's like pulling the Band Aid off really fast."

Francisco Guerrero,
Associate Professor

With practically no limits for what kind of work students can make, and the promise of a public show at the end of the course, the pressure is on from the very beginning to take risks and go beyond what the students have done in previous art classes.

Senior Samantha de Caussin, who paints geometric shapes in bright colors, said her biggest challenge with this class has been making sure her work is good enough to present next to her peers.

"I think working with other people makes it interesting to get feedback," de Caussin said. "Our works aren't related, so it's interesting to see what people say, or what they're reading from it."

Guerrero said he sees a real difference between the work his students come up with when they are presenting in a regular classroom setting versus in a gallery. He said there is a much different motivator in creating a piece when it's not just to get an "A" in a class.

"Any moment you can get away from that rubric-ized setup, I think you're doing something better," he said. "It's a more holistic version of education, and it's truly modeling professionalism."

The work being shown in the exhibit wasn't all done over the span of nine weeks. In fact, much of it was created in just the last couple of weeks of the course. Guerrero tells his students it's better to create around ten pieces rather than just one, because it allows them to develop their vision and gives them more options for what they'd like to present at the end.

"That's what's exciting about it—being in that zone of 'I don't really know what I'm doing yet,'" Strand said. "That's what I feel like this class is about. It gives you the space to take

those risks and try stuff out, which is really cool."

And you might be surprised at just how dynamic an exhibit the students could create in so little time.

"I hope they see that the arts at Seattle U are vibrant, and that there are a lot of students who are doing good work and really pushing themselves," Strand said.

The exhibit will be on display in the Vachon Gallery from March 13 through April 10. An opening recep-

tion will be held this Thursday, March 12 from 4:30 to 7:30 p.m. The show is free of charge and open to the public.

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AUDREY MALLINAK

Rowan Walton paints a chair as her project for Advanced Studio Art.

CHAMBER MUSICIANS GET DANCING MUSES

Jenna Ramsey
Staff Writer

The term “classical music” immediately brings to mind names like Bach, Beethoven and Mozart, but this year’s Seattle University Winter Chamber Music Concert will showcase pieces from lesser known contemporary composers.

It will also mark the first time Seattle U collaborates with a professional choreographer and professional dancers for a performance. Donald Byrd, a choreographer from Spectrum Dance Theater here in Seattle, will have his dancers performing onstage alongside Seattle U students, making for a musically and visually powerful show.

Chamber Music Director Quinton Morris said he is excited that his students have this opportunity to work with Byrd and his dancers.

“This is more of a non-traditional approach to chamber music,” Morris said. “My hope is that my students who graduate and move on will remember this experience and look at it as one that was really life-changing for them, in the sense of daring them to be more creative and expressive.”

Morris first met Byrd in 2011 when they were the only two individuals to receive the Seattle Mayor’s Arts Award that year. Then in 2013, the two performed together at the opening of a sculpture installation for the Seattle Art Museum. It was just the two of them—violinist and dancer side by side—and it was such a hit that it inspired them to work toward an even bigger collaboration.

“We had such a great performance that we always said we should collaborate and do something else together,” Morris said. “And wouldn’t it be cool if we did it with our students? So that’s how it came to be.”

The performance will include music ranging from the 1700s to the 1900s that differs from what Morris’s students are accustomed to playing. Pianist Shea O’Malley will play a four-hand piece—a duet played on one piano—with his partner pianist Maggie Molloy. The piece was written by

the influential 20th century composer Igor Stravinsky. This is O’Malley’s first time playing a four-hand, and he said his biggest challenge has been getting used to Stravinsky’s unusual rhythms.

“It’s a new kind of genre of music that I haven’t worked with a ton before, so I’m excited to take on the challenge,” O’Malley said. “We’re all working on interesting, more modern pieces right now, which is really cool.”

Performing contemporary musical works is a bit of a rarity in the United States, and Seattle is one of the few major cities in America to be bringing more attention to contemporary composers. Morris said he decided to use these more unusual pieces for this quarter’s show in order to make his students aware of music that might not be as well known, but that is still relevant in musical history.

“I hope my students really gain and

grow from this experience, not only as musicians, but as people,” Morris said. “And I hope the audience experiences art in a new and different way.”

On top of showcasing unique pieces of music, Morris hopes the show will also be memorable for its visual impact. Not only will the audience be listening to the music, they’ll also be watching how the music influences the movements of the dancers.

“I think it might help people hear the music differently, based on how the dancers interpret it,” said violinist Milena Marlier. “It’s kind of a more visual representation of what’s going on with the music.”

Students hope this concert will be the first of many times Seattle U hosts a multimedia performance.

“It’s a really unique opportunity, and I’m just excited to perform in general,” O’Malley said. “I hope we put on a re-

ally engaging performance for the audience and I hope they get as lost as we do in the music.”

Morris said he hopes attendees will leave wanting to make music themselves.

“I hope that this inspires people to come and support our students for more concerts,” Morris said. “I hope it also inspires people who might have played an instrument at one point to pick that instrument back up.”

The concert is this Thursday, March 12 at 7:30 p.m. in Pigott Auditorium. Tickets are \$5 for students, \$8 for faculty and staff and \$10 for the general public.

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Maggie Molloy is the A&E Editor of the *Spectator*.



NICOLE SCHLAEPI • THE SPECTATOR

Violist Chyna Mapel and cellist Dahae Cheong rehearse their duet by Walter Piston with dancers from Seattle’s Spectrum Dance Theater.

FOOD

SWEET EATS NOW ON THE STREET

Siri Smith
Staff Writer

Seattle is known for being an innovative city, there's no doubt about that. We love coming up with new, funky ideas. Our latest one? Streateries.

You're probably asking, "What is a streater?" Don't worry, they're not as dangerous as they sound. It's not a place where you are simultaneously eating and dodging oncoming traffic.

Streateries are the newest version of a parklet, a concept invented by Seattle Department of Transportation. The parklet pilot program launched a few years ago, allowing restaurants to build a patio space on top of a parking space adjacent to their business. (After all, there are probably far more pedestrians than there are vehicles on Capitol Hill.)

Streateries are a ramped-up version of parklets. Unlike parklets, restaurants and bars are allowed to serve alcohol at their streateries as long as they are above a certain height and have fencing.

Businesses are required to find their own funding and neighborhood support before they fill out an application for a streater. Once their streater is approved by SDOT, and then actually built, they are required to leave it open to the public during non-business hours.

SDOT will be approving 15 applications from restaurants and bars under the new streater pilot program they recently launched.

But don't get too excited—the application and construction processes could take some time. While you're waiting, here are a few Capitol Hill

restaurants and bars that already offer outdoor seating so you can soak up the seldom-seen Seattle sun during spring break.

MONTANA

This bar is not in Montana, as the name might suggest—it is actually on East Olive Way in Seattle. But the name is not too misleading: it's a Montana-themed watering hole that will take you a little bit east of Washington State with its decorations. Since it is in Seattle, of course, it does provide us with a hipster twist (one review even referred to it a "hipsterparadise"). Montana was one of the first businesses to construct a parklet under the pilot program back in September 2013. While this unfortunately means that you are not able to consume alcohol in their outdoor seating area, you can still eat their tasty food while enjoying the sunlight—which is now lasting later into the day thanks to daylight saving's time. (Which helps, as Montana is only open from 4 p.m. until 2 a.m.) As long as you are willing to sit inside to drink it, Montana features cheap picklebacks, ginger beer cocktails on tap and a variety of other delicious libations.

CAFÉ PETTIROSSO

So, the outdoor seating here is scarce, but Café Pettirosso was recently in a Komo News article that highlighted Seattle's best grilled cheese sandwiches. And while that might seem like not much to brag about, the article didn't lie: it is a great grilled cheese sandwich. Café Pettirosso serves its grilled cheese sandwiches, made with sourdough bread and Beecher's Flagship, with a side of their classic tomato soup. They also have a new burger on the menu called the Jodi burger. Trust me, it is worth the money—and calories. The café, just a few blocks away from campus, also has drinks for any time of day. Swing by in the morning for a cup of

coffee, latte art and all when it opens at 8 a.m. or swing by at night—it's open until 2 a.m.—and choose from a large selection of wines, beers and cocktails.

CHUNGEE'S

This Chinese restaurant on 12th Avenue translates to "stupid pig" because the owners opened up the restaurant during the recession and everyone called them "stupid pigs" for doing so. They showed the haters. Chungee's has just about as much outdoor seating as they do indoor seating, so there won't be a shortage of tables outside, even during the busiest hours. Their dishes are reasonably priced—their most expensive meal is around \$13—and their menu has a lot of variety. There are plenty of foods for meat lovers and vegetarians alike. And, this being Capitol Hill, they also offer a few cocktails and beers.

RANCHO BRAVO

My boyfriend is originally from Mexico and he grew up in San Diego, which more or less qualifies him as a connoisseur of Mexican cuisine. Seattle is known for not having "good" Mexican food, but I had my boyfriend try a Rancho Bravo burrito and it passed the test. So did the horchata. I've also had my closest experience to a celebrity encounter there. (Okay, not that big of a deal. It was just one of the guys from Kithkin, a band of Seattle U alums). The indoor seating may look like a Wendy's, but the outdoor lounging provides views of Cal Anderson Park. You can people-watch while singing that Vampire Weekend song "Horchata" to yourself. Just me? Alright.

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NICOLE SCHLAEPI • THE SPECTATOR

CRITIC'S CORNER: 'CHAPPIE'

Connor Cartmill
Staff Writer

Does the world really need another poorly conceived campy robot action flick? Director Neill Blomkamp obviously seems to think so.

Compared with his critically-acclaimed sci-fi thrillers "District 9" and "Elysium," Blomkamp's latest film "Chappie" falls flat. The complex narrative, hastily squeezed into a two hour film, falls into inconsistent breaks that prevent it from gathering any real steam. But the unique cast—including South African hip-hop duo Die Antwoord—manage to barely hold the film together.

The story centers on Deon Wilson (Dev Patel), an engineer for a security company that developed robots called "Scouts" to help the local police deal with out-of-control crime. Wilson wants to take his work further as he, rather randomly, writes the code for artificial intelligence.

The film's backdrop of Johannesburg, South Africa would have made for a fluid dystopia on its own, but Blomkamp's repeated use of this setting in his other films rendered it too familiar, almost stale.

Furthermore, the film noticeably avoids directly taking on issues of race, class and harsh policing—themes

which helped make "District 9" so compelling. Instead, political unrest is only hinted at through unexplained rioters and people flashing guns.

Deon programs artificial intelligence into one of the Scouts and thus we have Chappie (Sharlto Copley), our robotic hero with human sentiment. But his accomplishment comes with spiteful competition.

Deon's new invention leads to him being pursued by his work rival, a mullet-toting, gun wielding, religious zealot named Vince (Hugh Jackman). Vince had previously submitted a robot to design to the police, but it was passed over for Deon's Scout model—and now Vince is seeking revenge.

To make matters even more complicated, Chappie and Deon are kidnapped by Die Antwoord crew Ninja and Yo-Landi, criminals trying to use Chappie to aide in a robbery. (Cast with their stage names, the duo also provided the movie soundtrack.)

But as Chappie is trained for a life of crime, he must confront the conflicting moral guidance he receives from Ninja, Yo-Landi and Deon.

Sound confusing? It is. The story arc is far too complex for a two-hour film.

Yo-landi and Ninja are first introduced in an action-packed drug deal gone wrong, but the context for their



PHOTO VIA COLUMBIA PICTURES

compromising situation is never revealed. Further, Deon's character has virtually no background so we never know why he's so passionate about artificial intelligence. And aside from Chappie, the rest of characters are static throughout.

Vince's personality is so simplistic it's almost satirical—despite Jackman's rippling biceps, there's no intriguing villain in this movie.

Deon and Vince's boss is played by Sigorney Weaver, which seemed only relevant for Weaver's deity-like reverence among classic sci-fi fans. I could literally count her lines on one hand.

To make things worse, Blomkamp's script is a rollercoaster of awkwardly choppy lines. At one point, a flustered Deon calls Ninja "a shitty terrible person." (That's all you could think of?)

The film did have its endearing moments, such as Ninja teaching Chappie

to be tough, Yo-Landi teaching him to believe in himself and Deon teaching him everything else.

Ninja and Yo-Landi's funky aesthetic and brightly colored toys and knick-knacks juxtaposed with their run-down hideout, making for a bubblegum grittiness that fed the film's constant swerve of emotions—their pink and yellow assault rifles matched my mini M&M's.

In all, the contrast between nurturing to fighting and pink to rubble seemed to offer a symbolic parallel. And despite its narrative stumbling, "Chappie" had at least enough thematic material to keep me entertained.

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12 **JAZZ:**
JazzED New Works
Ensemble @ Seattle Art
Museum, 5:30 p.m.

DANCE:
No Duh! 90s-ish Dance
Party @ Barboza, 8 p.m.

13 **RAVE:**
Lucky 2015 @ WaMu
Theatre, 7 p.m.

PUNX:
Dead Moon @ Chop
Suey, 9 p.m.

14 **THEATER:**
Brown Derby: Purple
Rain @ Re-Bar, 8 p.m.

THEATER:
Believe Me or Not @
12 Avenue Arts, 8 p.m.

15 **CLASSICAL:**
Sibelius's Piano Quintet
@ Benaroya Hall, 2 p.m.

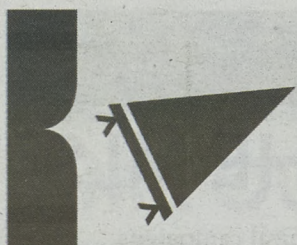
PERF. ART:
Ides of March Dada
Masquerade @ Lo-Fi
Performance Gallery, 9
p.m.

16 **NOISE:**
Blowupnihilist
@ Kremwerk, 6 p.m.

POETRY:
Andrea Gibson
@ Neumos, 9 p.m.

17 **PIPES:**
The Elliot Bay Pipe and
Drum Band @ Pike Pub
& Brewing Company,
5:30 p.m.

PUNX:
St. Patty's Punk Massa-
cre @ Neumos, 8 p.m.



MINNIE MINOSO, LOST BUT NOT FORGOTTEN

Lena Beck
Staff Writer

Baseball's popularity may be on the ropes, but its agency for social change is forever stamped in American history. It was a public venue for racial integration, as well as an arena for women to play sports during World War II.

Last week, Minnie Miñoso, Major League Baseball's first recognized black Cuban player, passed away. Born Saturnino Orestes Miñoso, and later dubbed the "Cuban Comet," and "Mr. White Sox," Miñoso played first for the Cleveland Indians, and then for the Chicago White Sox. He joined the major leagues in 1948, the year after Jackie Robinson broke the color barrier in baseball.

According to Seattle University professor in the Matteo Ricci College Dr. Wilson Edward Reed, the first people of color to play baseball were met with significant challenges and abuse. But their love of the sport and persistence to play helped to set up the rest of society for the process of integration.

"Baseball was a place to start," said Reed. "Baseball early on brought people together."

According to Reed, there was eventually no room for segregation within the sport. The best players made it to the top, and if they weren't all white, so be it.

"The game was bigger than the segregationists," said Reed. "I think that truthfully sports has been an instrument for change in our society."

Dr. Alvin Sturdivant is Assistant Vice President for Student Development at Seattle U, and also teaches about deconstructing hate. He says that players like Miñoso and Robinson were trailblazers.

"I think they have helped to suggest that the level of talent between the white males who at that time were playing in the Major Leagues and this sort of newcomer being the black person in the Major Leagues—that we could play at the same level as those folks," said Sturdivant.

And in playing the game despite enduring racial slurs and other abuse, Miñoso was one of those catalysts for change.

Miñoso played a whopping 12 seasons for the White Sox—17 seasons for the Major Leagues in total. He was named an All Star seven times. During his time in the League, he made 186 home runs and docked a batting average of .298.

Miñoso did not get elected to the Baseball Hall of Fame, but for many, his achievement surpasses official recognition.

"Minnie may have been passed over by the Baseball Hall of Fame during his lifetime, but for me and for generations of black and Latino young people, Minnie's quintessentially American story embodies far more than a plaque ever could," said President Barack Obama in a statement about Miñoso.

According to Seattle University Professor Dr. Marc McLeod, Miñoso was especially significant for the Cuban community.

"The success that Miñoso had in Major League Baseball was certainly a source of pride for Cubans in general, since baseball had emerged as Cuba's most popular sport going back to the struggle against Spanish colonialism in the late nineteenth century, but he was most significant in terms of breaking down racial barriers for African Americans as well as Cubans," said McLeod in an email statement.

Sports today are integrated, but Sturdivant says that the narratives of these early pioneers are still important since there is still discrimination across a wide variety of demographics that tends to inhibit opportunity. And also, to move forward, it is essential to understand where we've been.

"I think honestly that in order for us to understand where we're headed, we absolutely must understand our past and our history," said Sturdivant. "We stand on the shoulders of giants."

While Mr. White Sox certainly left the world of baseball a legacy of impressive plays, he left the rest of the world a legacy of even greater significance.

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THE
DOUGLAS
AT SEATTLE UNIVERSITY



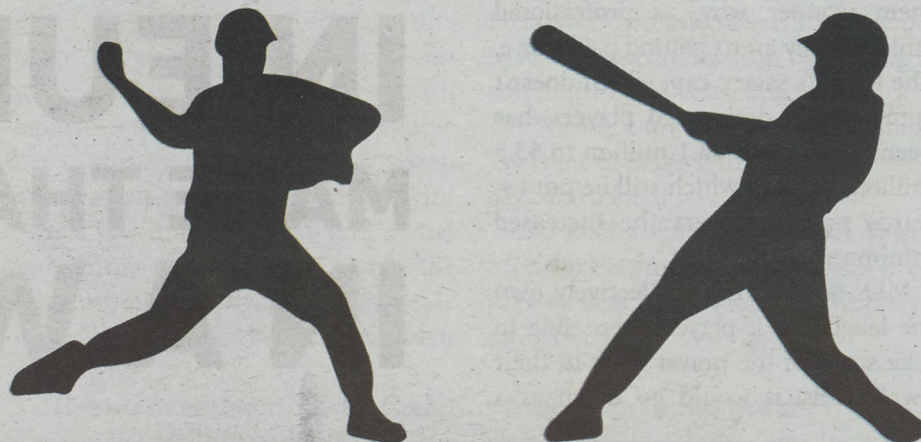
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EVERYTHING YOU NEED TO KNOW ABOUT THE MLS

Chaucer Larson
Staff Writer

Fresh with a new logo, Major League Soccer has begun another season.

However, the 2015 MLS season hasn't started smoothly. In fact, it almost didn't begin on time.

Negotiations took place last week between the league's owners and players union to reach a new collective bargaining agreement. All MLS players are under contract with the league, and were hoping for increased individual freedom. If granted their wish, players would be allowed to transfer to different teams more freely and have more of a say in their pay scale. However, the collective bargaining agreement that was reached only allows limited free agency to players aged 28 or older and with 8 years experience in the league.

The MLS minimum salary has also been raised from \$36,500 to \$60,000. This means that two out of every five MLS players will be receiving a raise this year. But, most professional players in Europe get paid this much or more a week. MLS also has a designated player rule, meaning three players from each club can get paid however much the owners are willing to cough up. Some of the league's stars like Robbie Keane and Clint Dempsey make upwards of \$6 million a year, while their teammates often have to pick up extra work in the offseason.

Half of all MLS players are paid less than \$100,000 a year, which can make them wonder why, as professional athletes, they aren't getting paid more. The league's salary cap, which doesn't apply to the designated players, has been raised from \$3.1 million to \$3.5 million, most of which will be put towards paying players the increased minimum salary.

MLS team owners collectively own the league so if players were able to take some of the power back in their own hands, it would go down as a

major coup. If MLS's salary cap was waved, and owners were able to pay their players whatever they desired, large salaries that are necessary to attract big players would open up.

A new year also includes two new teams: Orlando City SC and New York City FC. Owned by the Abu Dhabi United Group, NYCFC has already been able to boost their roster with competitive signings. David Villa, Frank Lampard, and Mix Diskerud highlight their roster. Diskerud, a central player for the US national team, will add spark to the midfield alongside the composure of Lampard. NYCFC will be playing their home games in Yankee Stadium—a pitch that could attract the Big Apple's soccer fans away from the New York Red Bulls, whose stadium is in New Jersey.

Orlando on the other end possesses

weapons to kick their inaugural season off in the right direction. The standout they've signed is Kaká, the world player of the year in 2007 and formerly of Real Madrid and AC Milan. The Brazilian will add class and poise to Orlando's attack, who will hope to use another in-the-mix US national member Brek Shea's pace to exploit defenses. Shea has returned to MLS after an unsuccessful stint at English-side Stoke City FC, and will hope to get game time under his belt this season as a reinvented left back.

On Sunday, MLS fans were treated to witnessing both new sides as NYCFC traveled to a sold out Citrus Bowl to face Orlando City. The game ended a 1-1 draw—Diskerud's curling effort being cancelled out by Kaká's late deflected free kick—in a game that had positives for both sides as they embark

on their inaugural campaigns.

Here in Seattle, the Sounders will expect to have another successful season. Awarded last year's Supporter's Shield for having the best regular season record, as well as winning the U.S. Open Cup, the Sounders will hope to push for their first MLS cup title.

The Rave Green has lost one of their most promising young talents in DeAndre Yedlin, who has forgone his hometown team for the Tottenham Hotspurs. The Sounders have drafted University of Washington standout Christian Roldan, who was third team All-American this past fall though he was just a sophomore. Roldan will be pleased to stay in Seattle after being named the Soccer America National Freshman of the Year in 2013, and will hope to burst into the first team and play along the likes of Dempsey and Obafemi Martins.

The Sounders also bring two of the most established center backs in the league: Chad Marshall and Zach Scott. The pair will hope to continue their dominance in the back, and extend the nine clean sheets they earned last year. As always, the midfield brass of Osvaldo Alonso will be at the root of the Sounders play. Alonso started all 33 games he was featured in last season, and won't be shy of taking the Sounders back to the MLS playoffs.

Whether the Sounders can cope with the reigning champions L.A. Galaxy is a pressing issue. L.A. has lost MLS legend and all-time leading scorer Landon Donovan, but will add Steven Gerrard once the Liverpool captain's season culminates in May. If the Sounders can get goal production from Martins and Dempsey and keep a rock-solid defense, there is no reason the Emerald City won't lift its first MLS cup in November.

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“THE MLS MINIMUM SALARY HAS BEEN RAISED FROM \$36,000 TO \$60,000, BUT MANY PLAYERS IN EUROPE MAKE THAT MUCH IN A WEEK.”

TIME OUT SESSIONS WITH MAKENNA CLARK

Harrison Bucher
Staff Writer

Senior Makenna Clark played her last home game Saturday as the Redhawks closed out the regular season with a win. Clark is fairly local, hailing from Lake Tapps, WA, and she joined the women's basketball team her freshman year as a walk-on. She worked exceptionally hard to get to where she is now.

"It was difficult at first because I was the only one not on scholarship," Clark said. "But I knew that I really wanted to play Division I and this was a great opportunity to do that."

After just one season, Clark had earned her way to being on scholarship the rest of the way.

Each year, she continued to improve and get more playing time, mostly coming off of the bench as a substitute. Then in March of last year, Clark had

a minor setback after suffering a knee injury that had a six month recovery period before she could start playing again. This season Clark was named team co-captain, and she played in every game, starting four of them, and was third on the team in free throw percentage.

"My experience has been really good, really positive," Clark said. "I've had a lot of bonding with teammates and coaches. It's good to have a second family you can come to."

Now all that is left for Clark the WAC tournament.

"I just want to go into Vegas positive and take it one game at a time," Clark said.

After the season ends, Clark will be finishing up with her studies as a nursing major. She is hoping to become a pediatric nurse after graduation.

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Makenna Clark of the Women's Basketball team. AUDREY MALLINAK • THE SPECTATOR

FAVORITE ATHLETE: Sue Bird, point guard for the Seattle Storm

FAVORITE TV SHOW: New Girl **FAVORITE PLACE TO TRAVEL:** Hawaii

DILLARD-BROWN SHINES IN SENIOR NIGHT WIN

Chaucer Larson
Staff Writer

Seattle University won a hard-fought senior night contest over Grand Canyon, 46-43 on Saturday night.

Going into the game, the Lopes were ranked one position higher in the WAC regular season standings in 4th, but Seattle U didn't let that get in their way.

Both fourth year student-athletes Makenna Clark and Renee Dillard-Brown were recognized for their collective achievements. Dillard-Brown posted her first career double-double as she fin-

ished with 10 points and 10 rebounds.

The game didn't begin smoothly though, as a slow shooting start for both teams led to a meager 18-17 at halftime, GCU ahead.

"It was not a good shooting night, particularly in the first half," Seattle U Head Coach Joan Bonvicini said, noting that her team only shot 20 percent from the field in the first period. She also said that her half time speech was deliberately short in order to allow her team to get a longer warm up before the second half.

When play started again, Seattle U started to hit some key shots and

found a little cushion.

Dillard-Brown nabbed a steal around midcourt and finished with a strong lay up three minutes into the second half, which was then followed by a Kaylee Best three-pointer that put the Redhawks ahead 25-23. From that point the game started to build steam, and a three-point play by Jazmine Johnson as well as another key three from Best established that Seattle U was ready to take the game into their own hands.

As the game winded down, Seattle U hit the shots they needed to distance themselves from GCU, who were coming at the Redhawks with tenacious defense that led to a couple key turnovers. Crystal Allen hit a deep jumper pushing the lead to 44-38 with only a few minutes to go, and a vital free throw made by Best inside the final minute ensured that Seattle U would head into the WAC tournament on a high.

"This is a momentum builder. Grand Canyon has really played well as of late;

they won four out of five," Bonvicini said. "We just needed to really buckle down and get a win and it was the kind of thing [we did]. We made mistakes down the stretch again, but we just focused when we needed to. This was not a pretty win but a gutty win."

Dillard-Brown felt very fortunate to attend Seattle U since she went to high school just down the road at Garfield High.

"[Playing at Seattle U] was definitely a privilege, I consider myself very lucky to be able to play at home in front of all my friends and family," Dillard-Brown said. She will also hope to extend her final season by making a run in the WAC tournament.

"[We want to] keep the ball rolling. We want to make it to Saturday in Vegas," she added.

The Redhawks will fly to Las Vegas Monday evening, where they will prepare to face Utah Valley on Wednesday March 11.

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JESSIE KOON • THE SPECTATOR

SEATTLE UNIVERSITY VS GRAND CANYON 46-43



BROTHERHOOD CAN BEGET BIGOTRY

Fraternities churn out thousands of young men every year—seemingly to make positive change in the world around them. Yet some fraternities may drastically fail to meet that standard. On the 50th anniversary of Selma's Bloody Sunday, University of Oklahoma's Sigma Alpha Epsilon chapter provided an ugly reminder that racism is alive and well in parts of Greek life.

A ten-second video uploaded to YouTube last week depicts a bus full of SAE brothers chanting derogatory and disgraceful racial slurs, including a reference to lynching.

In the video, they build on each other into a crescendo of unabated bigotry. And this is perhaps a deeply regrettable byproduct of the frat code, an unwavering commitment to brotherhood. That's what it's all about, right? It doesn't matter what you feel or think, you can't fall off the cheer chain, right? Surely some of them felt what they were doing was wrong.

Frat life can lead to groupthink, a blunting of reasoned and rational thought. A group of young malleable males can be dangerous if left unchecked. It can stifle individuality and devour independence. As new pledges fall in, the impressionable will follow their brothers and sometimes fall victim to strong social pressures and engage in problematic behavior, ranging from harmful hazing to egregious hate speech.

Part of my decision to attend Seattle University was that it had no Greek life. I didn't want to have my path laid before me; I wanted to pave my own. I wanted the independence to make my own decisions, my own styles, my own ideas. No cop outs. In a fraternity, I may have put my personal agency at risk. But I chose Seattle U, where students seem to hold themselves to a higher standard and where hate will not prevail in the name of brotherhood.

Connor Cartmill
Sports Editor

The Spectator editorial board consists of Caroline Ferguson, Bianca Sewake, Mason Bryan, Alaina Bever, Maggie Molloy, Emily Hedberg, Connor Cartmill, Collin Overbay, Nicole Schlaeppli, and Alyssa Brandt. Signed commentaries reflect the opinions of the authors and not necessarily those of The Spectator. The views expressed in these editorials are not necessarily the views of Seattle University.

TIME TO PUT DOWN YOUR PHONE

Every morning, I put on my watch. It's a chunky metal analog, too big for my wrist, a little like something your grandpa might wear.

I've noticed that watch-wearing has become uncommon among my peers. Almost everyone has a smartphone these days, after all. Why bother with a watch when the time (and anything else you ever might need) is already in your pocket?

Phones have been displacing wristwatches for a long time now. But on Monday, Apple turned the tables, announcing the launch of a wearable iPhone-like device called the Apple Watch. For once, a watch seems poised to displace our phones.

The Apple Watch certainly seems convenient. It has many of the same features as the iPhone, right at your wrist whenever you need them.

Make no mistake, I have no interest in donning my Andy Rooney hat and ranting about kids these days. iPhones are incredible tools, but they need to be used mindfully. Disconnecting once in a while is important for emotional and physical health, and I worry about the potential effects of having glorified computers strapped to our bodies all day long.

But what really bothers me is the idea of even more idle moments wasted. After all, who among us hasn't pulled out their phone to check the time and ended up mindlessly scrolling through Instagram—not because it's enjoyable, but because, well, it's *there*. The days pass quickly when we're distracted, which we seem to be most of the time. (And let's be honest, do any of us genuinely have no time to read, as we claim, or are we spending all our spare time in the social media loop?)

I say this all empathetically. The iPhone, by design, is very hard to use in moderation. Intentionally disrupting its hyper-usefulness in small and intentional ways—using a planner, for example, or wearing a watch—increasingly seems to be a healthy and necessary thing to do. Now that our devices can do just about anything, it's on us to determine their limitations.

So that's why I still put on my clunky old watch every morning—and after the Apple Watch comes out, I plan to do the same.

Caroline Ferguson
Editor in Chief

HOW WOULD YOU TRANSPORT AN ELEPHANT?

"I think a really big hot air balloon."

Addie Newcombe, Sophomore



"I would use one of those red flier wagons to transport an elephant."

Danika Isaksen, Junior



"I would put him in a big semi truck, and just drive him around."

Derek Wilson, Junior



"Wingardum Leviosa."

Laura Molesworth, Junior

THE GUIDANCE COUNSELOR

by Emily August

Emily is not a licensed guidance counselor, but neither was Ann Landers.



Q: I'm always hesitant about hooking up with guys because I'm a little heavy. I've always been self-conscious of my weight, stretch marks and body acne. What would you do?

A: First off, you're certainly not alone. These insecurities are experienced endured by lots of people. When you're intimate with a partner I can assure you that they are not thinking "Wow, I wish they were five pounds lighter" or "Stretch marks?? Ugh, what's the deal with skin anyway?" or whatever. They are thinking about how lucky and stoked they are to have a naked babe in front of them who's going to touch their genitals. If they are thinking a variation of the aforementioned critical statements then they're either an asshole or a teenager, so you shouldn't be having sex with them anyway. Do what you gotta to feel like the powerful, sexy, gem that you are, i.e. self-care and self-love all day, every day!

Q: So, like one of the things that stresses me out the most is that I'm very future oriented, but I have a very unclear and uncertain future right now. Espec when it comes to dating and like grad school and growing up and shit like that, I seem to get very caught up in those unknown details. I feel like it pulls me away from fun stuff that's happening in the present, but I also don't want to be foolhardy and pretend like these things are never going to come up. How does one balance those things?

A: Woah! Big, crazy Q. Let's unpack it. You derive comfort from anticipating a predictable future, and times of change yield emotional turbulence from the current uncertainty. Perhaps you feel out of control, unsettled, or panicked. Maybe you're particularly used to being in control of situations and your own agency, and when you're not, you feel disoriented. A useful approach could be breaking it down to short vs. long term goals to make the future seem manageable. Recognize that the long term goals are made up by a series of short term goals, and you have no deadline to obey. If long term goals are your everyday anxiety, it's not really conducive to accomplishing smaller steps. Trust yourself and your ability to get things done. This includes relying on yourself to make decisions about what's best for you and what you want to do. This means letting go of some of the control that feels natural to adopt if you're feeling stressed. Second guess when necessary, and definitely be methodical and intentional, but too much self-scrutiny will generate a stationary, apathetic existence. Communicate this to any romantic partners in your life; they'll appreciate being in the know and are likely to have insight catered to your specific situations. When I'm feeling overwhelmed by the future, I'll take a few minutes to look at academic programs and occupations in my field to reaffirm my decision to be in it. Take advantage of the experts you interact with daily (sup, faculty!) for professional guidance.

Spring breeaaaaak!

Emily


To submit an anonymous question, visit guidance-counselor.tumblr.com and I'll get to it ASAP spring quarter.

THE 10


10 THINGS NOT TO DO THIS SPRING BREAK

- 10 Get married
- 9 Buy an Apple Watch
- 8 Send work emails from your personal account
- 7 Join a frat
- 6 Check your grades
- 5 Get an STD
- 4 Sweat the petty stuff
- 3 Pet the sweaty stuff
- 2 Neglect to call your mom
- 1 Forget about us

HOROSCOPES

 **LIBRA**
9/23-10/22

I see glitter and neon in your future. Avoid social media.

 **SCORPIO**
10/23-11/21


The love of your life is around the corner. Look for signs of goldfish.

 **SAGITTARIUS**
11/22-12/21


That animal you last saw was actually a friend in a past life.

 **ARIES**
3/21-4/20


Green is an unlucky color this week. Avoid multiples of five.

 **TAURUS**
4/21-5/21


If someone is riding your back, shake them off. Their grievances are not your problem.

 **GEMINI**
5/22-6/21


Jump into the ocean, because why the hell not.

 **CAPRICORN**
12/22-1/20

Smooth music is key to success. Put on some headphones, you got this.

 **AQUARIUS**
1/21-2/19


Don't fret over test scores and public speeches. You'll do better next time.

 **PISCES**
2/20-3/20


The time has come to find your passion. Long live and prosper.

 **CANCER**
6/22-7/22

Big things are in your future. Save up your money, it'll come in handy later.

 **LEO**
7/23-8/22

Cash in the check, you deserve it.

 **VIRGO**
8/23-9/22

Stop watching Netflix and get to work. Academia is more important than Breaking Bad.

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—Ciscoe Morris, Host of Gardening with Ciscoe



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Former Komo News Reporter



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—Karen Caldwell,
Mrs. Washington 2014



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